



WILD BURGERS

Our burgers are served medium (pink) unless otherwise requested.

MOOSE BURGER 304

160g moose burger with grilled mushrooms, lingonberry mayo, onion jam, and arugula. *A forest feast in every bite.* (wh/mi/eg)

ARCTIC MOOSE BURGER 304

160g moose burger with brown cheese, cloudberry dressing, and arugula. *A bold bite from the far North.* (wh/mi/eg)

TIPSY MOOSE BURGER 304

160g moose burger with crispy bacon, Jarlsberg cheese, aquavit mayo and arugula. *Smooth, boozy, and a little wild.* (wh/mi/eg)

ANGRY MOOSE BURGER 304

160g moose burger with cheddar cheese, house-made green chili sauce, jalapeño, red onions and arugula. *Spicy & full of attitude.* (wh/mi/eg)

WILD BOAR BURGER 304

160g wild boar burger with Jarlsberg cheese, onion jam, tarragon-Dijon mayo, crispy fried onions and arugula. *Anything but boaring.* (wh/mi/eg/mu)

VENISON BURGER 304

160g venison burger with Jarlsberg cheese, rosemary mayo, caramelized apples and arugula. *Where the forest meets forbidden fruit.* (wh/mi/eg)

BLUE BAMBI BURGER 304

160g venison burger with blue cheese, aioli, blueberry sauce and arugula. *Sorry, Bambi - we got hungry.* (wh/mi/eg)

CHEESE BURGER 284

160g beef burger with Norwegian Jarlsberg cheese, homemade dressing, onion jam, pickles and arugula. *Domesticated - but dangerously delicious.* (wh/mi/eg)

VEGETARIAN BURGER 278

Plant-based burger with caramelized apples, rosemary mayo, red onions and arugula. *The only one that didn't have a pulse.* (wh/mi/eg/s)

BURGER EXTRAS

Rosemary fries	+6	Jarlsberg cheese (mi/lactose-free)	+15
Parmesan fries (me)	+10	Cheddar cheese (mi)	+15

DIP			
Aioli (eg)	29	Bacon	+30
Rosemary mayo (eg)	29	Double patty	+75
Spicy chili sauce (eg)	29	Grilled mushroom	+15
Chili mayo (eg)	29	Balsamic onion jam	+15
Tarragon-Dijon mayo (eg/mu)	29	Gluten-free bun (ses)	+20
BBQ sauce (ce)	29	Make it spicy	+10

MAIN DISHES

REINDEER STEW

399

Tender reindeer, slow-cooked with mushrooms and carrots in a rich, creamy sauce, served with mashed potatoes and lingonberries. (mi) Gluten-free

GRILLED REINDEER

599

Cloudberry-glazed reindeer steak, thyme-roasted potatoes, oven-baked vegetables, carrot purée, apple chutney, herb crumble, red wine and bone marrow sauce and lingonberries. (mi/su) Gluten-free

GRILLED MOOSE TENDERLOIN

579

Grilled moose tenderloin served with thyme-roasted potatoes, oven-baked vegetables, beetroot purée, apple chutney, herb crumble, game sauce with pink peppercorns and lingonberries. (mi/su) Gluten-free

KANGAROO STEAK

499

Kangaroo steak served with rocket mashed potatoes, roasted vegetables, pink peppercorn sauce and lingonberries. (mi) Gluten-free

ARCTIC JOURNEY - a tribute to Arctic cuisine

599

Grilled steaks of reindeer, moose, and minke whale served with carrot purée, thyme-roasted potatoes, oven-baked vegetables, sweet potato chips with brown cheese, red wine and bone marrow sauce, cloudberries and lingonberries. (mi/su) Gluten-free

HELT VILT TAPAS

559

Pink roasted duck breast with mulled wine-glazed red cabbage and orange coulis. Grilled venison steak bites, roasted vegetables, pink peppercorn sauce, carrot cream. Small portion of reindeer stew. Spring rolls filled with turkey, served with spiced apple sauce. (mi/wh)
Recommended with our handcrafted Kinn beer flight.

STARTERS

WILD GAME SALAMI PLATTER

199

A selection of moose, reindeer and whale salami, cured lamb, crispy flat bread, aquavit jelly and lingonberries. (wh)

MOOSE CARPACCIO

199

Thinly sliced moose sirloin topped with arugula, sun-dried tomatoes, balsamic glaze and aioli. (eg/su/wh)

DESSERT

a perfect way to end your meal

HELT VILT CHOCOLATE CAKE

159

Rich homemade chocolate cake with orange, raspberry coulis. (wh/mi/eg)

APPLE PIE BITES

159

Crispy apple pie bites served with vanilla ice cream, and caramel sauce. (wh/mi/eg)

Helt Vilt is a restaurant for dine-in guests only. If you would like to share just one dish, we can serve it as take-out to the common area.

Allergens: WH (wheat), MI (milk), EG (egg), MU (mustard), CE (celery), SU (sulphite), AL (almonds)